

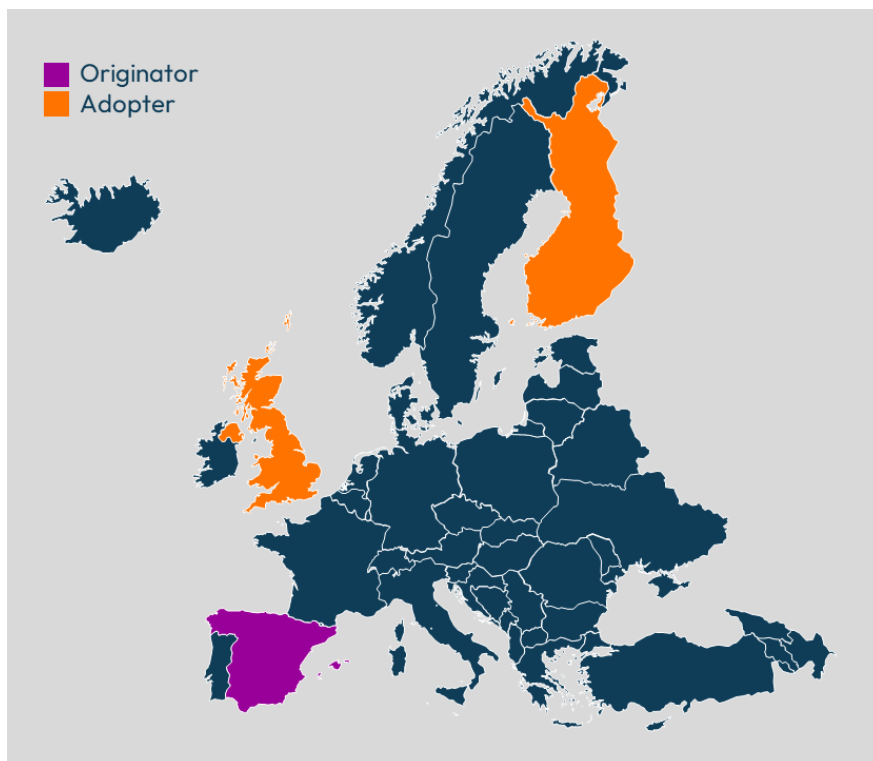


DHU Twinning: DICARE

Digital Integrated CARE, a collaborative exchange of good practices

Originator: Catalan Health Ministry (FTSS), Spain

Adopter: Ministry of Social Affairs and Health (MSAH), Finland, Scottish Government, Digital Health & Care Directorate (SG), UK



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Project Overview

The DICARE Project was led by the **Agency for Integrated Social and Health Care** and the **TIC Salut Social Foundation**. Knowledge was shared with the **Ministry of Social Affairs and Health of Finland** and the **Directorate of Digital Health and Care of Scotland**, as all three regions are in an advanced stage of implementing integrated care. The project's objective was to share and exchange good practices and results in the integration of social and health care, with a focus on the digital solutions that support it.

Project Details

The DICARE project had a duration of 6 months and a budget of €8000. The main activities carried out were:

1. **Analyzing the state of the art** of health and social care integration models to identify digital barriers and opportunities.
2. **Exchanging good practices** with other partners.
3. **Supporting the digitalization** of integrated care.

Summary of Main Activities

Activity 1: Identification of Existing Information Systems

- Comprehensive analysis of information systems and service delivery models in health, social services, and long-term care in Catalonia, Finland, and Scotland.
- Collection of information through online meetings and interviews with key stakeholders.
- Preparation of a detailed report on regional innovations and integrated care projects through digital solutions.

Activity 2: Exchange of Best Practices

- Identification of priorities to be addressed during study visits based on the results of Activity 1.
- Implementation of activities to exchange and disseminate integrated care strategies among Catalonia, Finland, and Scotland.
- Conducting study visits and establishing communication strategies for cooperation and dissemination.

Activity 3: Support for Digitalization of Integrated Care

- Consolidation of essential information and best practices identified during study visits.
- Involvement of decision-makers in strategic meetings to maximize impact.
- Focus on coordinated, efficient, and effective service delivery to improve health and well-being outcomes.



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Areas of Common Interest

The DICARE project facilitated a valuable exchange of knowledge and practices among Catalonia, Finland, and Scotland, focusing on key areas of common interest in integrated care. Each country exhibited strengths in certain areas while others presented opportunities for growth. Through this collaborative effort, the regions learned from each other's experiences and innovations, enabling them to strengthen their respective approaches to integrated health and social care.

Catalonia

- **Strengths:** Innovative digital transformation within social care, comprehensive data-sharing practices, high interoperability, innovative scorecards for nursing homes, and a multimorbidity grouper algorithm.
- **Challenges:** Lack of advanced telecare coordination managed by local governments and weak integration of data between social and healthcare centers.
- **Opportunities:** Learn from Finland's robust data-sharing practices and Scotland's telehealth initiatives.

Finland

- **Strengths:** Innovative integrated care platform (Kanta Services), strong digital transformation efforts in social care.
- **Challenges:** Limited national information on integrated care in nursing homes and general interoperability.
- **Opportunities:** Benefit from Catalonia's experience with scorecards for evaluating nursing home care and Scotland's telemedicine practices.

Scotland

- **Strengths:** Robust telehealth initiatives, well-established integrated care framework through the Integrated Care Act.
- **Challenges:** Lack of standardized scorecards for evaluating care in nursing homes and limited digitalization in social care, similar to Finland.
- **Opportunities:** Improve by adopting Catalonia's innovative scorecards and digital transformation strategies and exploring Finland's comprehensive data-sharing platforms.

Final Conclusions

The DICARE project facilitated a valuable exchange of knowledge between Catalonia, Finland, and Scotland, highlighting best practices and identifying common challenges. These meetings allowed participants to delve deeper into the integration of health and social care, with a special focus on digital transformation.



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The results of this project have the potential to significantly improve the quality of care and the well-being of citizens in the three regions and beyond.

In all three cases presented, there is a recognized need to promote integrated care models to ensure the best possible care for citizens. All three regions are working to implement mechanisms and strategies that promote this change, while identifying existing challenges and opportunities.

Picture repository



Figure 1: Delegates from Catalonia, Finland, and Scotland discussing integrated social and health care in sparsely populated areas in the conference organised by DIPLOCAT and the Departments of Health and Social Rights. 8 May 2024.



Figure 2: Delegates from Catalonia, Finland, and Scotland discussing Integrated Care Strategies during the Catalonia Visit. 9-10 May 2024.



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Figure 3: Delegates from Catalonia, Finland, and Scotland discussing Integrated Care Strategies during the Finland Visit. 20-21 May 2024, Helsinki.



Figure 4: Delegates from Catalonia, Finland, and Scotland attending to the Radical Health Festival. 21-23 May 2024, Helsinki.



Figure 5: Delegates from Catalonia and Scotland during the Scotland Visit. 12-13 June 2024, Edinburgh.



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